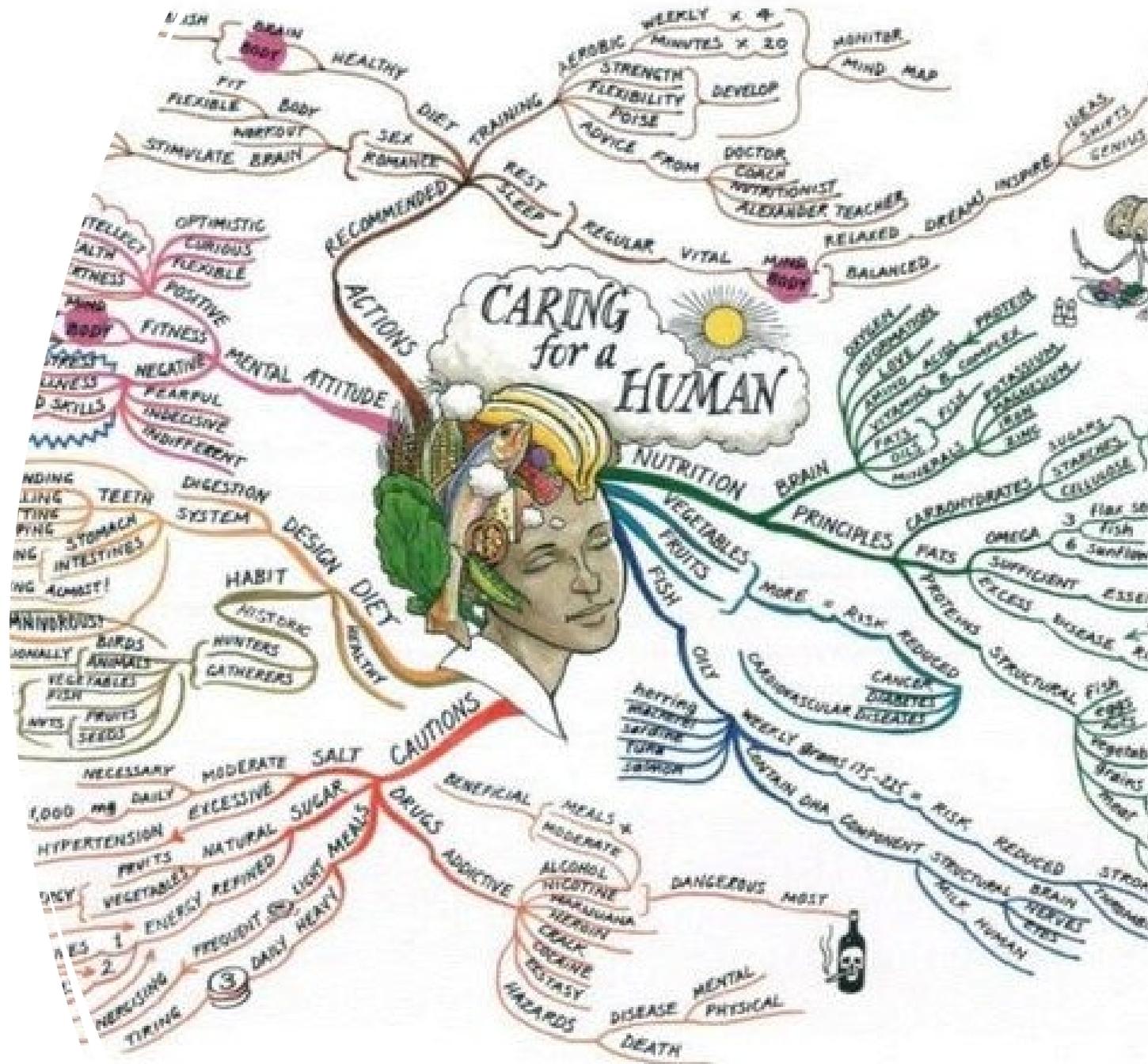


# Mind Maps

- Mind mapping using visual cues.
- Creating a useful mind map
- Adding images, icons and even emojis to make all-important memory associations.
- How to effectively use a mind map to revise from.
- You are making your own revision resource in the form of a mind map.
- Making the mind map is not where the revision, this helps identify gaps ... using it after to study from and recall the information is the revision.



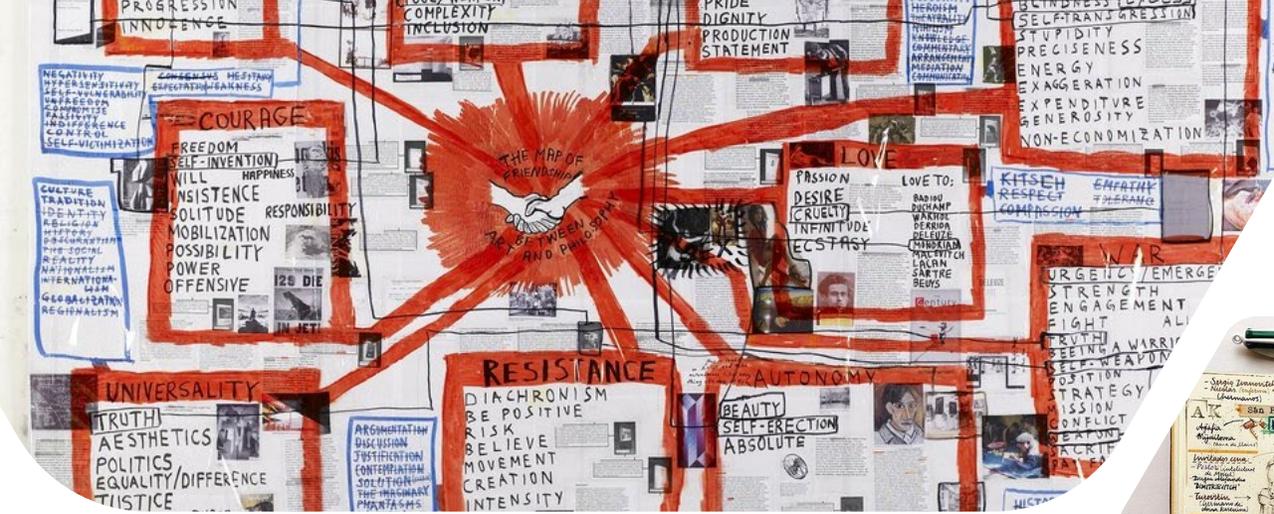
# Mind Maps®: Uses and Benefits

Uses	Benefits
Learning	Learning Reduce those 'tons of work'. Feel good about study, revision and exams. Have confidence in your learning abilities.
Overviewing	Overviewing See the whole picture, the global view, at once, Understand the links and connections.
Concentrating	Concentrating Focus on the task for better results. using all your cortical skills attracts your attention.
Memorising	Easy recall. 'See' the information in your mind's eye.
Organising	Be on top of all the details for parties, holidays, projects or any other subject.
Presenting	Speeches are clear, relaxed and alive. You be at your best.
Communicating	In all forms with clarity and conciseness.
Planning	Orchestrate all details and aspects – from beginning to end – one piece of paper.
Meetings	Meetings From planning to agenda, to chairing, to taking the minutes... the jobs are completed with speed and efficiency.
Training	From preparation to presentation they make the job easier and much faster.
Thinking	Having a method to analyse thoughts – almost a 'way-station' for them.
Negotiating	All the issues, your position and manoeuvrability on one sheet.
Brain Blooming	Brain Blooming The new brain-storming in which more thoughts are generated and appropriately assessed.



**Different types of subjects and themes may call for different types of mind maps.**

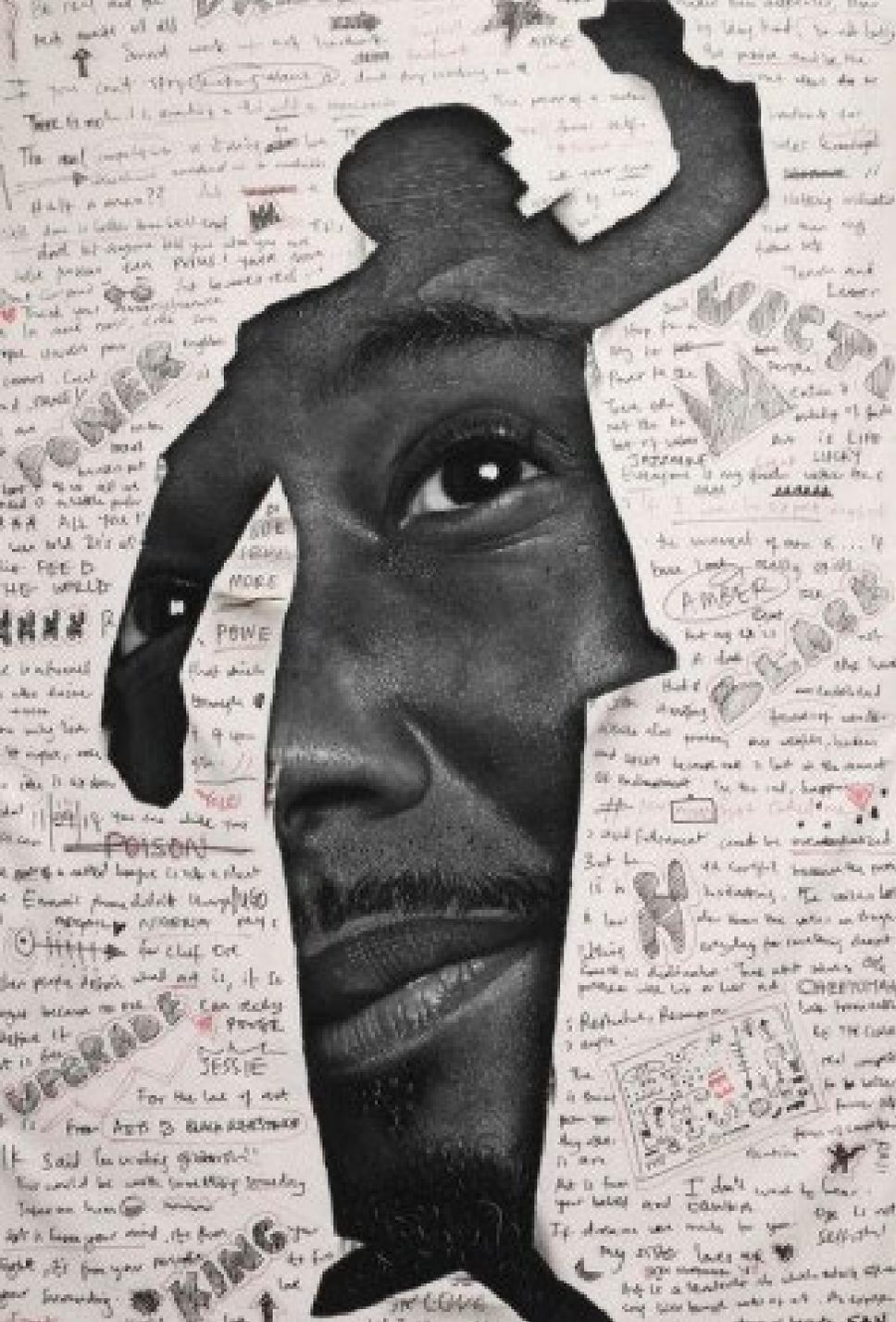




Firstly, decide what function your mind map serves...

- Connecting two concepts, viewpoints/ perspectives/ beliefs.
- Arranging key information, dates and events.
- Linking themes and characters.
- Giving overviews
- Chunking themes and sub themes.





# How to make a mind map effective for Revision

## Beginning with the center

- Choose your topic. Be clear.
- Key word /Image in the center.
- Give the freedom to spread out in all directions and think in various perspectives, outlining all of the key info.



# Creating Primary Branches

- Let your brain go the way it thinks
- Link the picture with your key work or the central idea to begin with the exploration of more and more ideas.
- The ones which come first, make them as primary branches to the central idea.

*Note that the first mind map you create may not be your final version that you use as your revision resource. Its good to get all of your ideas out first then organize into an effective revision mind map resource.*

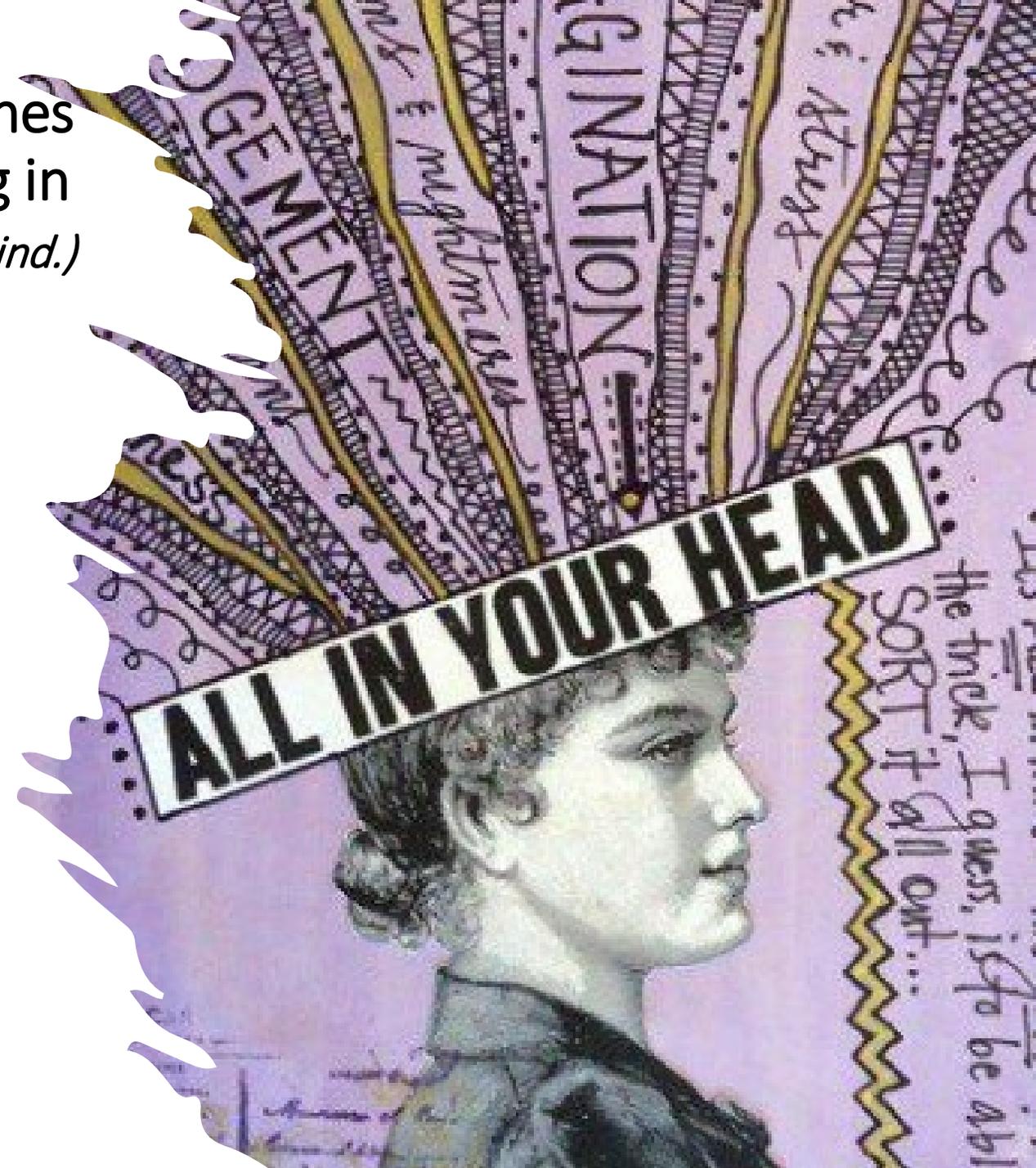
Create the second and third level branches about any of the ideas that keep coming in your mind. *(Technically, you are mapping your mind.)*

## Don't let your brain get bored

- It is a mind map and not a long list of points.
- Brain interprets things better when they are in color.
- Also, our eyes catch attention of things in interesting colors, rather than just bring monotonous
- convert some of your ideas into doodling and see the difference.

### TIP:

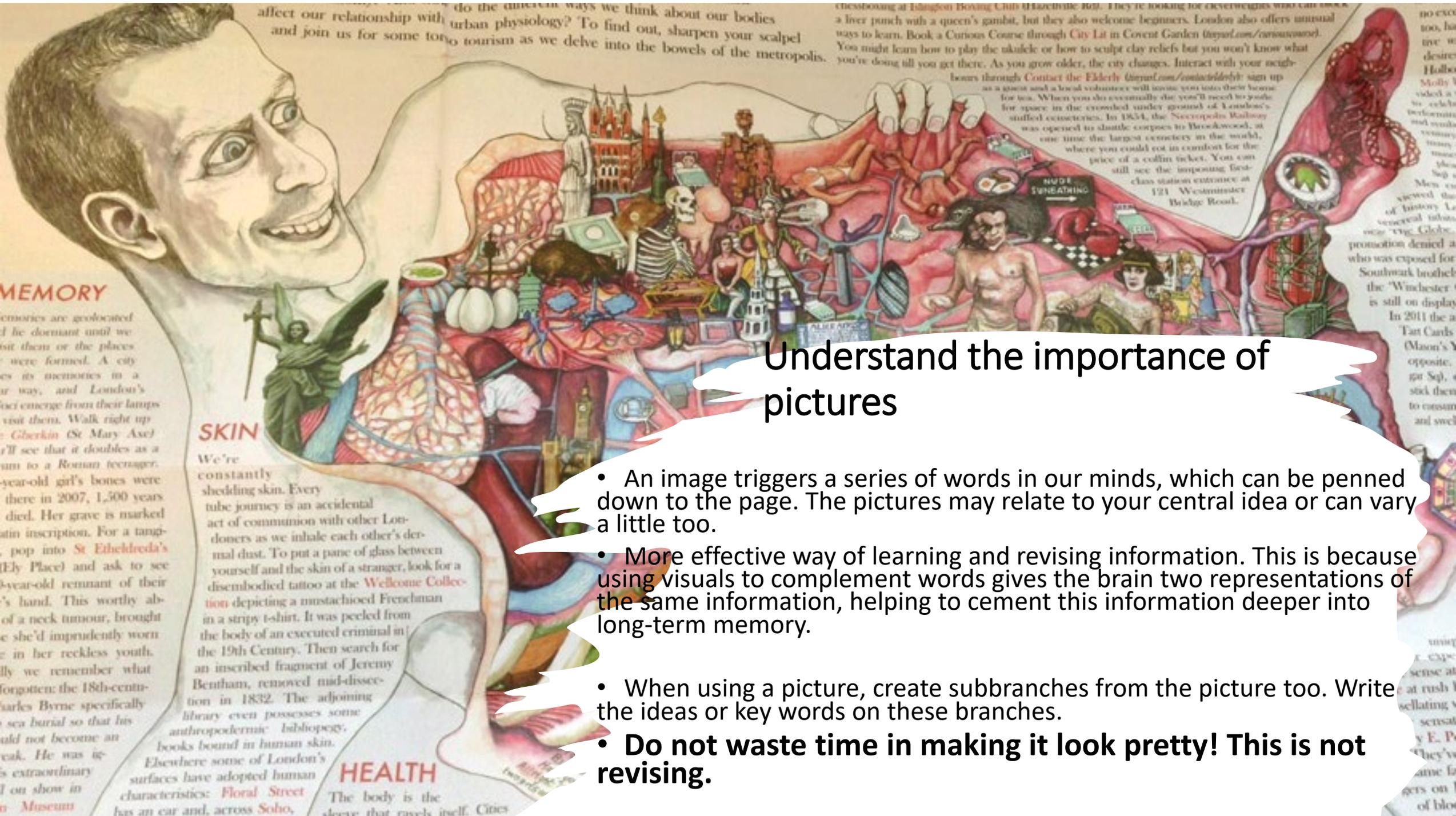
- Also, it is better to keep the branched curved than being straight. Having just simple, straight lines is boring to the brain.











do the ancient ways we think about our bodies urban physiology? To find out, sharpen your scalpel to tourism as we delve into the bowels of the metropolis.

chessboard at Hampton Boxing Club (Hampton, 160). They're looking for cleverweights who can knock a liver punch with a queen's gambit, but they also welcome beginners. London also offers unusual ways to learn. Book a Curious Course through City Lit in Covent Garden (<http://www.citylit.com/courses/curious>). You might learn how to play the ukulele or how to sculpt clay reliefs but you won't know what you're doing till you get there. As you grow older, the city changes. Interact with your neighbours through **Contact the Elderly** (<http://www.contacttheelderly.org>): sign up as a guest and a local volunteer will invite you into their home for tea. When you do eventually die you'll need to juggle for space in the crowded under ground of London's stuffed cemeteries. In 1834, the Necropolis Railway was opened to shuttle corpses to Brookwood, at one time the largest cemetery in the world, where you could rot in comfort for the price of a coffin ticket. You can still see the imposing first-class station entrance at 121 Westminster Bridge Road.

**MEMORY**  
Memories are geolocated and can be dominant until we visit them or the places they were formed. A city stores its memories in a particular way, and London's secrets emerge from their lamp posts. Walk right up the Gherkin (St Mary Axe) and you'll see that it doubles as a time to a Roman teenager. The 1,500-year-old girl's bones were found there in 2007. Her grave is marked with a Latin inscription. For a tangible pop into St Etheldreda's (Ely Place) and ask to see the 5-year-old remnant of their mother's hand. This worthy absence of a neck tumour, brought to light she'd imprudently worn a necklace in her reckless youth. Finally we remember what we've forgotten: the 18th-century Charles Byrne specifically requested sea burial so that his body would not become an exhibit. He was an extraordinary man on show in the Museum

**SKIN**  
We're constantly shedding skin. Every tube journey is an accidental act of communion with other Londoners as we inhale each other's dermal dust. To put a pane of glass between yourself and the skin of a stranger, look for a disembodied tattoo at the Wellcome Collection depicting a mustachioed Frenchman in a striped t-shirt. It was peeled from the body of an executed criminal in the 19th Century. Then search for an inscribed fragment of Jeremy Bentham, removed mid-dissection in 1832. The adjoining library even possesses some anthropodermic bibliopegy, books bound in human skin. Elsewhere some of London's surfaces have adopted human characteristics: **Flora's Street** has an ear and, across **Soho**,

**HEALTH**  
The body is the sleeve that ravel itself. Cities

## Understand the importance of pictures

- An image triggers a series of words in our minds, which can be penned down to the page. The pictures may relate to your central idea or can vary a little too.
- More effective way of learning and revising information. This is because using visuals to complement words gives the brain two representations of the same information, helping to cement this information deeper into long-term memory.
- When using a picture, create subbranches from the picture too. Write the ideas or key words on these branches.
- **Do not waste time in making it look pretty! This is not revising.**

